

SOUTHWEST VIRGINIA COMMUNITY HEALTH SERVICES, INC.

JOB DESCRIPTION:

BEHAVIORAL HEALTH CONSULTANT

Minimum Required Skills, Knowledge, and Experience :

☞ One of the following :

- ⑩ Master's degree in social work, counseling, or related field, with a minimum of two years clinical experience and holds a current Virginia license as a LCSW or LPC.
- ⑩ Doctoral degree in psychology, a minimum of two years clinical experience and holds a current Virginia license.

Competency in providing brief cognitive and behavioral interventions to individuals, families, couples, and groups with identified behavioral health/substance abuse problems in a primary care setting. The BHC will be a part of the primary care team and acquire referrals only from a SVCHS PCP providing feedback to the PCP and co- managing a patient's identified health issues that may speak to both medical, ie., diabetes, cardiovascular, and pulmonary conditions associated with depression and anxiety symptomatology and/or identified major psychiatric disorders that warrant brief psychotherapy services. The BHC will triage those patients with major psychiatric disorders that remain unstable and will make a referral to the local community service board for specialty mental health services.

Excellent interpersonal skills and ability to work collaboratively with primary care staff, patients, and other behavioral health clinicians.

Primary Function:

Provide clinical behavioral health services in a manner that upholds SVCHS's community health center's primary care mission and quality standards and results for improved health outcomes and overall satisfaction, and compliance to operational and fiscal capacity of SVCHS, Inc.

Primary Tasks and Responsibilities

Brief Consultations conducted in 30 min sessions- Productivity expectation of a BHC is on the average of 8-10 behavioral health consultation and /or brief psychotherapeutic sessions per clinical day including:

Functionality and strength based assessment and diagnosis is a critical skill development as a BHC and assist with the primary care team in maintaining a patient's functionality.

- Psycho-education for patients and their support systems;
- Medication adherence counseling and disease management counseling;
- Motivational Interviewing to develop behavioral strategies aimed at symptom reduction;
- Brief Psychotherapeutic consisting of problem-solving skills, cognitive intervention aimed at modifying negative thinking and promoting self-efficacy;
- Self-Care Plan development and skills training to facilitate self-disease management,
- Improved coping, distress tolerance, stress reduction, and relaxation;
- Substance use/abuse evaluation, identification of maladaptive coping strategies, and development of harm reduction strategies utilizing SBIRT codes; and
- Solution- focused intervention skills.

Brief couple and family psychotherapy skills, as needed

Including **skill development** in:

Consultation with PCP's to enhance understanding of the patient, provide decision support for primary care treatment planning and assist in the implementation.

Coordination of Care- Provide consultation to and coordinate care of patients with primary care staff. Identify, triage, and advocate for patients needing specialty mental health services hour psychotherapy and more intensive mental health treatment services.

Crisis Intervention – Be immediately available to the community health center staff during working hours (red folder under your door means determined emergency by medical staff to conduct brief examination for patients verbalizing suicidal ideation with a possible plan).

Charting – Complete all charting as needed and required by SVCHS billing practices: including evaluation/assessments, and clinical progress notes utilizing electronic medical record system- note- no separate mental health is used. HIPPA reporting obligations are the same as PCP's with written consent by the patient that BHC is employed as a part of a primary care team approach to addressing the patient's health issues.

Other Duties:

- ⑩ Assist in providing training and education in integrative BH primary care model.
- ⑩ Participate in behavioral health quality improvement standards.
- ⑩ Participate in behavioral health trainings and conferences.

Note: Each Behavioral Health Consultant receives formal training in BHC if considered for employment.